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германия
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DEUTSCHE ZUSAMMENARBEIT

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АГЕНТСТВО ПО ПРОДВИЖЕНИЮ
И ЗАЩИТЕ ИНВЕСТИЦИЙ
КЫРГЫЗСКОЙ РЕСПУБЛИКИ



IMPORT PROMOTION DESK



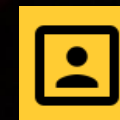
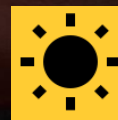
Empowered lives.
Resilient nations.

SECTOR PROFILE



KYRGYZ REPUBLIC

KIDNEY BEANS



WWW.EXPORT.GOV.KG



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PRODUCT INTRODUCTION

- Dried, shelled kidney beans "Phaseolus vulgaris", whether or not skinned or split
HS CODE: 071333

Kidney beans are used as a food product and are considered to be easily digestible protein. It is an alternative to meat nutrition for vegetarians and during fasting. White beans contain up to 20% protein, not inferior to meat protein in its nutritional value and digestible by 70 - 80%.

KYRGYZ BEANS ARE A NATURAL PRODUCT GROWN IN ECOLOGICALLY CLEAN FIELDS, ONE OF THE BEST IN THE WORLD IN TERMS OF THEIR CHARACTERISTICS.



Kidney beans have become the main agricultural crop of the Talas region, employing more than 76% of the region's population and cultivation of kidney beans intended almost entirely for export outside of Central Asia (more than 80%).



REASONS TO BUY



- **THE HIGHEST QUALITY**
- **VOLUME OF PRODUCTION (TOP 5 IN THE WORLD)**
- **8,3 % LESS THAN THE AVERAGE WORLD PRICE**



GEOGRAPHICAL DISTRIBUTION



SEASONAL AVAILABILITY

SALES



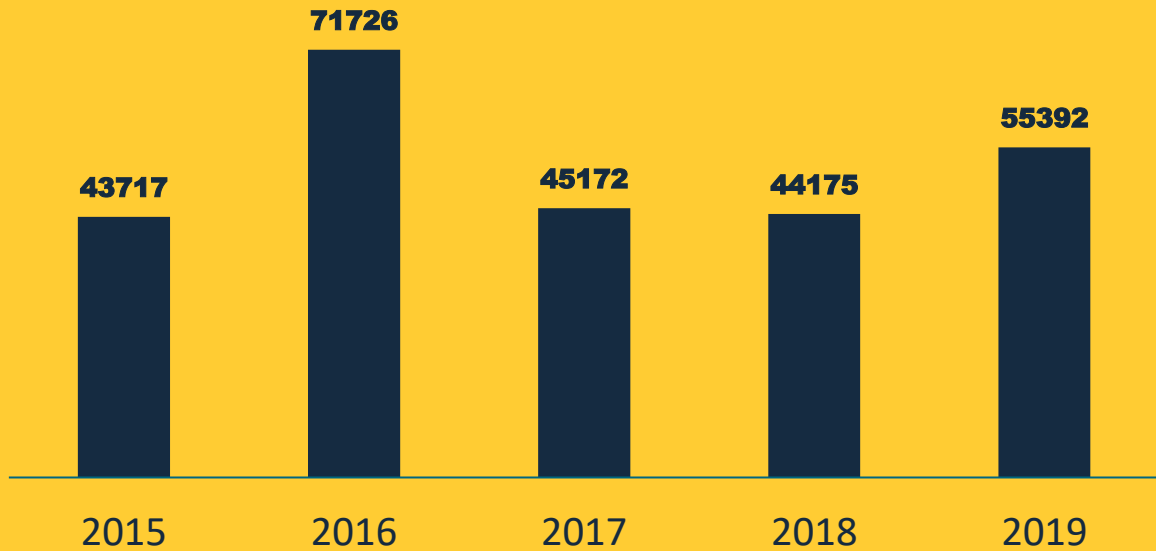
HARVEST



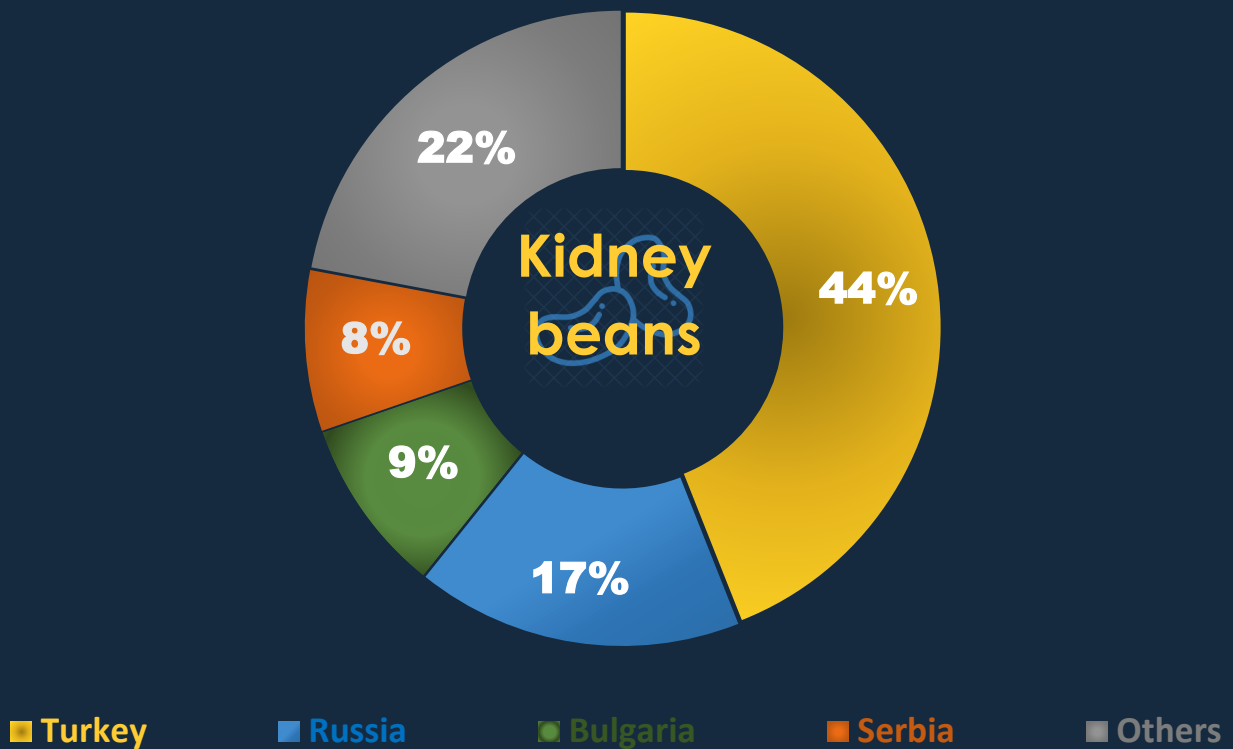


INDUSTRY PERFORMANCE

EXPORT VALUE (USD THOUSAND)


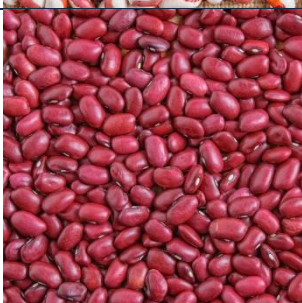
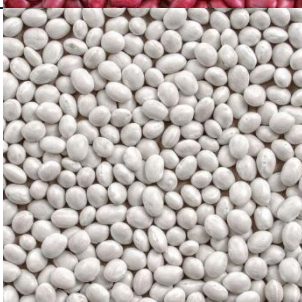


EXPORT DESTINATIONS IN 2019





PRESENTATIONS / VARIETIES

PICTURE	VARIETIES	CHARACTERISTIC	NUTRITIONAL VALUE
	Cranberry bean /Рябая	It looks like miniature paintings. The name pinto in Spanish means "dyed". After cooking, the bean loses its original color, but it pays off its delicate taste.	The calorie content of the bean pockmark is 336 kcal per 100 g of product.
	White Kidney Bean / Лопатка	Plant with curly trunk of which is covered with flowers forming pods, in which are beans of the traditional shape of the crescent bean. Some varieties of white beans have the shape of a regular oval, milky-white color, dense structure.	Caloric value of white beans is 102 kcal per 100 g of product.
	Royal Beans/Юбка	Has intricate pattern of a pinkish-brown color on a light peel. After cooking, it acquires a uniform color and becomes similar to small potatoes, Such properties make it an excellent side dish, it also goes well with meat and smoked products.	Calorie content of the bean skirt is 332 kcal per 100 grams of the product.
	Small Red /Томатная	Plant with long fleshy pods and bright red large fruits. Red beans are crescent shaped, glossy surface, color is depend on the variety, varies from burgundy to spoty-pink. Red beans have the densest shell, a tender, slightly oily pulp with a pleasant nutty taste.	Calorie content of red beans is 93 kcal per 100 g of product.
	Haricot Beans/Сахарная Китайка	One glass of beans contains half the daily fiber norm, so it is especially useful for people suffering from diabetes, chronic constipation or high cholesterol. The sugar-reducing effect of beans is associated with arginine-insulin-like substance.	Caloric content of kidney bean is 102 kcal per 100 g of product.



TESTIMONIALS

Mehmet Yılmaz «CiHazar Ve sebzelen»



Kyrgyz beans are environmentally friendly products with excellent taste, which have been calibrated, cleaned, additionally processed and polished by hand.

In addition, favorable weather conditions in Kyrgyzstan make it possible to achieve better yields and rich taste.



**FIND YOUR KYRGYZ
KIDNEY BEANS
SUPPLIER IN
OUR EXPORT DIRECTORY**

**FOR MORE INFORMATION,
UPDATES AND USEFUL LINKS,
PLEASE, CONTACT US**

