



Ulkoministeriö  
Utrikesministeriet  
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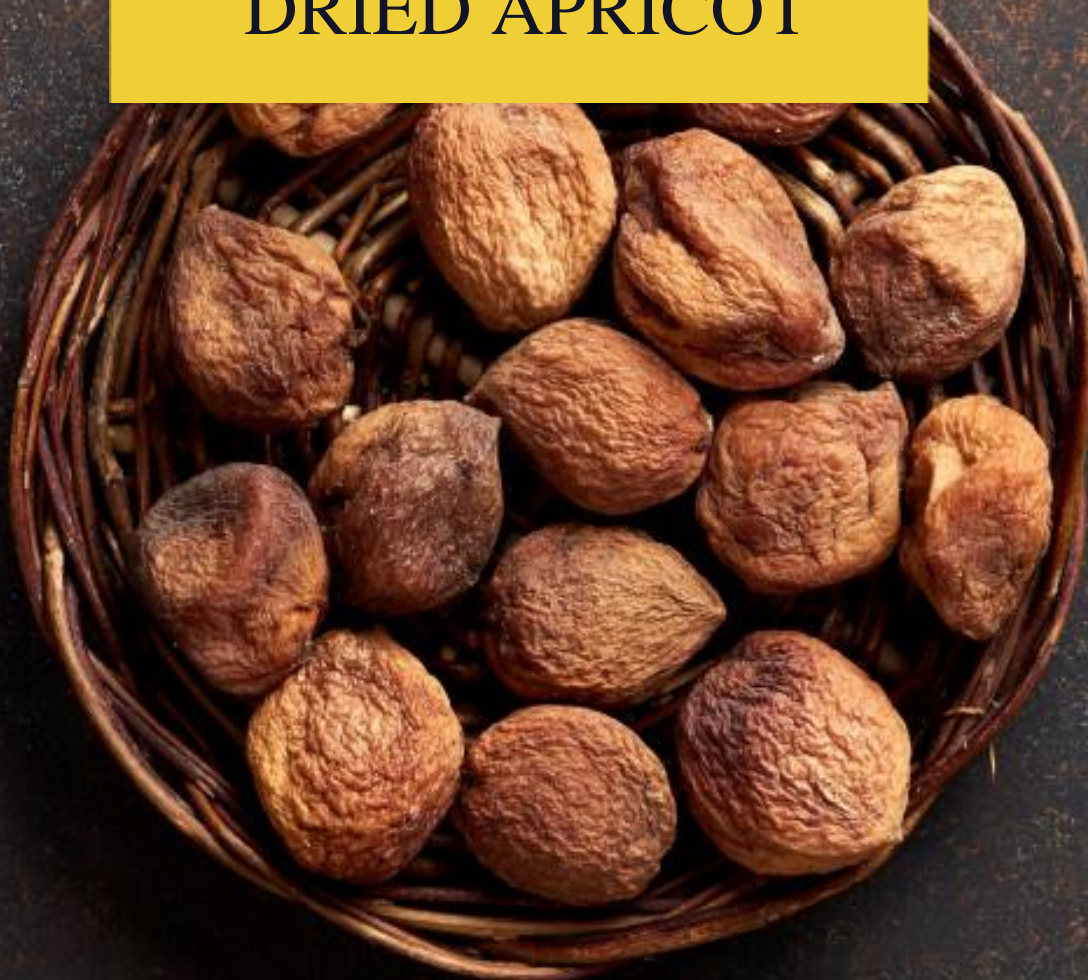
Empowered lives.  
Resilient nations.

# SECTOR PROFILE



KYRGYZ REPUBLIC

## DRIED APRICOT



[WWW.EXPORT.GOV.KG](http://WWW.EXPORT.GOV.KG)

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## PRODUCT INTRODUCTION

- Dried apricot
- HS CODE: 081310

Dried apricots have many advantages over ripe fruits. This is distinguished by the concentrated content of nutrients, the ability to use the product all year around, while fresh fruits are limited by the season . When apricot is dried, 85- 90% of its beneficial properties are retained. Due to the removal of water, the fruits become more high-calorie (232 kcal), and the content of vitamins and macro and microelements in 100g of the product increases 3-4 times . Apricot is grown in Batken, Jalal-Abad, Osh and Issyk-Kul regions.

**THE KYRGYZ APRICOT IS A NATURAL PRODUCT , GROWING IN FERTILE LAND, RICH IN VITAMINS AND MINERALS, ALREADY FOR MANY DECADES.**



## REASONS TO BUY



- **RICHED WITH VITAMINS AND MINERALS FOR THE BODY**
- **LARGE PRODUCTION VOLUMES (INCLUDED IN THE TOP 10 OF THE WORLD)**
- **TASTE AND NUTRITION VALUE**



## GEOGRAPHICAL DISTRIBUTION



## SEASONAL AVAILABILITY

### SALES



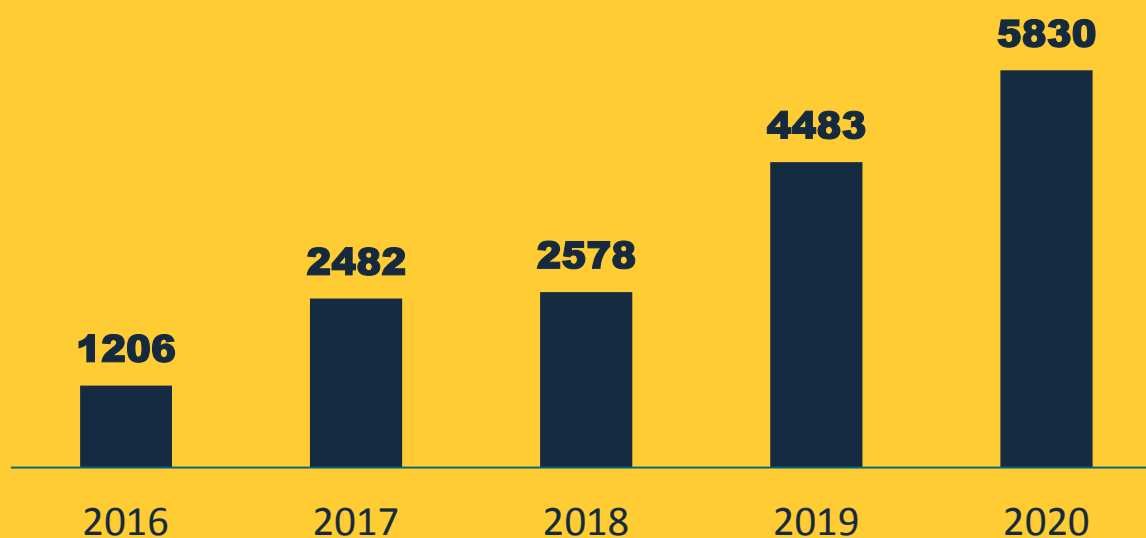
### HARVEST



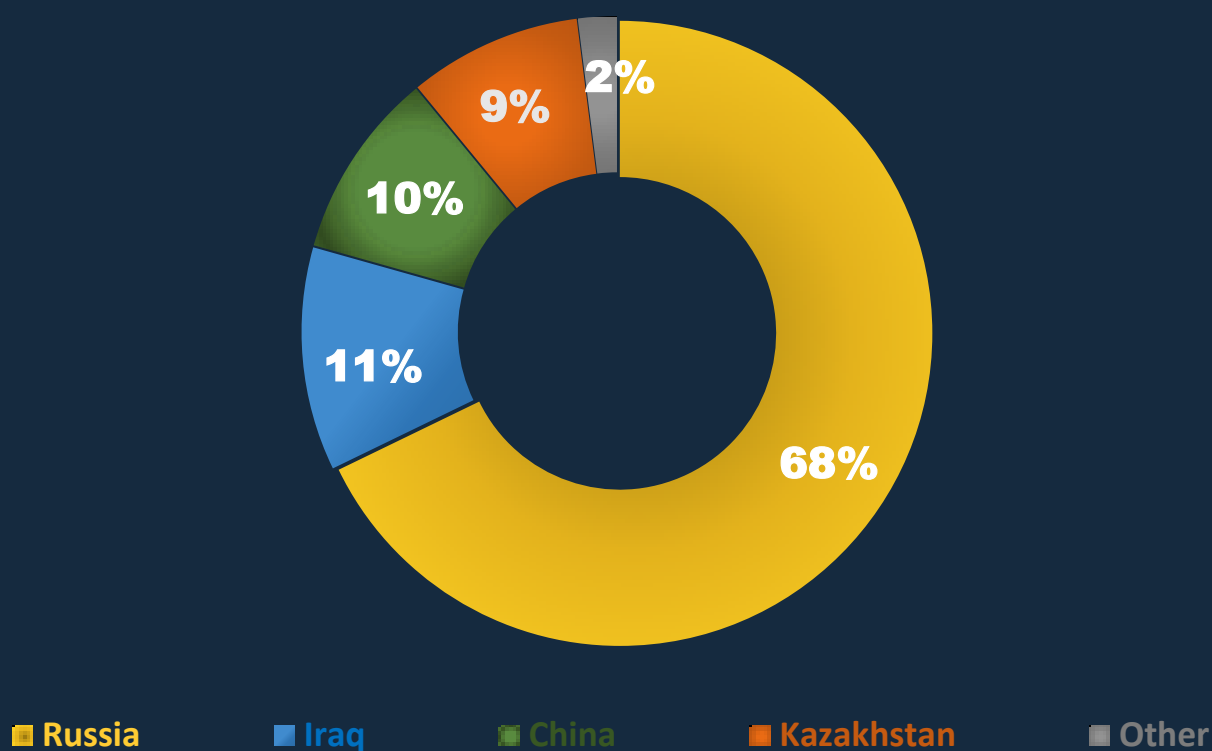


## INDUSTRY PERFORMANCE

### EXPORT VALUE (USD THOUSAND)






### EXPORT DESTINATIONS IN 2020







## PRESENTATIONS/VARIETIES

PICTURE	VARIETIES	CHARACTERISTIC	NUTRITIONAL VALUE
	<b>Uryuk/Урюк</b>	This type of dried apricot is an apricot fruit with a stone dried on a tree branch. For apricots, small apricots are used. Apricot contains the same vitamins and macronutrients as dried apricots, but differs only in the drying process.	The calorie content of uryuk is 241 kcal per 100g of product.
	<b>Dried apricot/Купара</b>	The type of dried apricot is a dried apricot fruit without pits. For dried apricots, large-fruited apricots are used. Dried apricots are useful in the presence of vitamins A, B1, B2, C, PP, rich in minerals: potassium, calcium, magnesium, iron, phosphorus, and sodium.	The calorie content of dried apricots is 250 kcal per 100g of product.
	<b>Kaisa/Кайса</b>	Fruits, dried after preliminary squeezing of seeds from them through a small incision or tear near the stalk. To facilitate the squeezing of the seeds, the fruits are pre-dried. Kaisa color from light yellow to dark orange.	The calorie content of Kaisa is 243 kcal per 100 grams of products







## TESTIMONIALS

Yura Rahubin  
«San Planet Organic»



«Today the demand for organic products in the world market is growing, and the number of buyers of organic apricots produced by the organic agricultural cooperative "Alysh-Dan" is also growing day by day. The company has never eaten such a sweet natural apricot before and uses it for medicinal purposes. It is worth noting that high-quality natural apricots are very useful for heart problems »



**FIND YOUR DRIED  
APRICOT SUPPLIER IN  
OUR EXPORT DIRECTORY**

**FOR MORE INFORMATION,  
UPDATES AND USEFUL LINKS,  
PLEASE, CONTACT US**

